

PRIMARY SCHOOL MENU

WINTER-SPRING 2011/2012

WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week commencing					
31 Oct	Salmon Fishcake or Scone Base Pizza(hm) (v) or	Chilli con Carne (hm) or Vegetarian Sausage Roll (v)	Cheese & Onion Pasty (hm) (v) or Fish Fingers	Meat & Potato Pie (hm) or Herby Pasta (hm)(v)	Pork Loin & Gravy or Meatballs & Gravy (hm)
21 Nov	Filled Jacket Potato (v)	or Filled Jacket Potato (v)	or Filled Jacket Potato (v)	or Filled Jacket Potato (v)	or Spicy Cheese Tortilla (hm) (v)
12 Dec					
16 Jan	New Potatoes or Mashed Potatoes	Jacket Wedges or Boiled Rice	Mashed Potatoes or Potato Croquettes	Potato / Pasta included in Main Meal	Roast Potatoes or Glazed Pasta
6 Feb					
5 Mar	Peas & Sweetcorn or Broccoli	Vegetable Soup (hm) or Green Beans	Carrots or Mushy Peas	Vegetable Soup (hm) or Mixed Vegetables	Sweetcorn or Baked Beans
26 Mar	Chocolate Sponge & Sauce (hm) or Fruity Flapjack (hm)	Cornflake Tart & Custard (hm) or Arctic Roll	Rice Pudding with Peaches (hm) or Iced Sponge Cake (hm)	Syrup Sponge & Custard (hm) or All Bran Malt Loaf (hm)	Paris Sandwich & Custard (hm) or Angel Whirl
Help yourself to bread each day. Selection of Fresh fruit, Yoghurt, Milk, Fruit juice and Water available every day Key: (v) vegetarian (hm) home made Jacket Potato fillings: Cheese or Cottage Cheese or Tuna					

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WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week commencing	Meat Pie & Gravy (hm) or Omelette (v) or Filled Jacket Potato (v)	Cheese Savoury Roll (hm)(v) or Chicken Fillet or Filled Jacket Potato (v)	Shepherds Pie (hm) or Quorn Curry & Rice (hm) (v) or Filled Jacket Potato (v)	Cheese Whirl (hm)(v) or Roast Beef, Yorkshire Pudding & Gravy or Turkey Burger in a Bap	Garlic Bread Topped Mince (hm) or Salmon Nuggets or Filled Jacket Potato(v)
7 Nov					
28 Nov					
19 Dec					
23 Jan					
20 Feb	New Potatoes or Mashed Potatoes	Jacket Wedges or Savoury Rice	Mashed Potatoes / Rice Included in Main Meal	Roast Potatoes or New Potatoes	Mashed Potatoes or Chips
12 Mar	Peas or Cauliflower	Vegetable Soup (hm) or Baked Beans	Broccoli or Sweetcorn	Vegetable Soup (hm) or Mixed Vegetables	Peas & Sweetcorn or Carrots
	Apple & Chocolate Sponge & Custard (hm) or Raspberry Buns (hm)	Date or Cherry Shortcake & Custard (hm) or Angel Whirl	Jam & Coconut Sponge & Custard (hm) or Cheese & Crackers	Bakewell Tart & Custard (hm) or Frozen Mousse	Rice Pudding with Sultanas (hm) or Giant Ginger Biscuit
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WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week commencing	Sausages or Cheese & Onion Pie (hm)(v) or Filled Jacket Potato (v)	Spaghetti Bolognaise (hm) or Beef or Lamb Curry & Rice (hm) or Filled Jacket Potato(v)	Minced Beef & Herby Dumplings (hm) or Battered Fish or Pizza Wrap (hm)(v)	Roast Turkey Stuffing & Gravy or Cheese & Egg Flan (hm)(v) or Filled Jacket Potato (v)	Mild Spicy Chicken (hm) or Ravioli or Filled Jacket Potato (v)
14 Nov					
5 Dec					
9 Jan					
30 Jan	New Potatoes or Jacket Wedges	Pasta / Rice included in Main Meal	Mashed Potatoes or Chips	New Potatoes or Roast Potatoes	Mashed Potatoes or Boiled Rice
27 Feb					
19 Mar	Baked Beans or Cabbage	Vegetable Soup (hm) or Green Beans	Mushy Peas or Sweetcorn	Vegetable Soup (hm) or Broccoli	Cauliflower or Carrots
	Vanilla Sponge & Sauce (hm) or Ice Cream Tub	Apple Sponge & Custard (hm) or Chocolate Crunch (hm)	Clifton Grid & Custard (hm) or Giant Shortbread Biscuit (hm)	Rice Pudding & Jam (hm) or Assorted Fruit Muffins(hm)	Rainbow Sponge & Custard (hm) or Jelly & Fruit
<p>Help Yourself to bread each day. Selection of Fresh fruit, Yoghurt, Milk, Fruit Juice and Water available every day Key: (v) vegetarian (hm) home made Jacket Potato fillings: Cheese or Cottage Cheese or Tuna</p>					